

**Hampshire County Council Report**  
**Cllr Jan Warwick December 2019**

**Eastleigh Local Plan** - I have submitted a robust response on behalf of the residents in my division to the Eastleigh Local Plan (attached). The inspector's hearing in public commenced on Thursday 21 November. Steve Brine addressed the inspector on behalf of Winchester residents on Friday 22 November.

**Hitting the Cold Spots** If you or someone you know is struggling to stay warm and well this winter, please contact an adviser on Freephone 0800 804 8601 (Monday to Friday, 9am to 5pm) or email [staywarm@environmentcentre.com](mailto:staywarm@environmentcentre.com).

**Winter Flu Vaccinations** A winter flu jab is considered essential protection for the over 65s, young children, pregnant women and carers, as well as those with pre-existing long-term health conditions or a weakened immune system. The virus can spread fast in families, schools, care homes or hospitals, and lead to serious complications. The vaccination is available free of charge from GPs and pharmacies for these eligible groups.

### **Dementia Support for carers**

**Hampshire Carers' Support and Dementia Advisor Service** provided by [Andover Mind](#), is available to any carer aged over 18 who looks after another adult. This service is for all carers, not just those caring for someone with dementia, and offers:

- one-to-one assistance, either over the phone Monday-Friday 9am-5pm, online or face-to-face with a trained carer support worker at a time that is convenient for the individual;
- general information and advice on carer-related topics online and over the phone;
- local carer support groups held across Hampshire

For more information visit [www.hants.gov.uk/socialcareandhealth/adultsocialcare/dementia](http://www.hants.gov.uk/socialcareandhealth/adultsocialcare/dementia) or phone the Carers' Support and Dementia Advisor Service support line on 01264 332297.